Advances in Chiropractic Practice Conference
hosted by
The Canadian Chiropractic Specialty Colleges Council

PRACTICAL SOLUTIONS FOR CHRONIC PAIN
Clinical Presentation, Treatment and Management Strategies

Saturday, September 24, 2016
8:00 AM to 4:00 PM
Westin Prince Hotel
Toronto, Ontario
open to all chiropractors and health professionals

Sunday, September 25, 2016
9:00 AM to 12:00 PM
Canadian Chiropractic Specialty Colleges Council
Pain Management Special Interest Group Workshop
Sunday workshop open to active Chiropractic Specialists only
On the weekend of September 24th & 25th, 2016, members of the Canadian Chiropractic community in conjunction with other regulated health disciplines will come together in Toronto for the 6th Annual Advances in Chiropractic Practice Conference hosted by the Canadian Chiropractic Specialty Colleges Council.

The Conference features both chiropractic and medical specialist experts providing the latest evidenced-informed information focusing on this year's theme of “Practical Solutions for Chronic Pain - Clinical Presentation, Treatment and Management Strategies.”

The day is divided into four information packed plenary sessions. The two morning sessions are dedicated to the pathophysiology and management of chronic pain.

One of the two afternoon sessions is dedicated to the International Association for the Study of Pain (IASP) “2016 Global Year Against Joint Pain theme.”

As always, Saturday’s final session culminates with our featured Grand Rounds where Chiropractic Specialists will have the opportunity to have a lively discussion on the assessment and management of chronic pain in clinical practice.

This Conference is open to all regulated health professionals.

On the Sunday morning, a special workshop will be hosted by the Canadian Chiropractic Specialty Colleges Council’s Pain Management Special Interest Group. This workshop is open to all active Chiropractic Specialists.

Continuing Education Credits
6.0 Hours of Continuing Education Credits are available for all Chiropractic participants. Non-Chiropractic participants should check with their own regulatory Colleges regarding CE Credits.

All Chiropractic Specialists attending the Pain Management Workshop on Sunday morning are eligible for a further 3.0 hours of Continuing Education Credits.

Transportation/Accommodation
Transportation and Hotel Accommodations are the responsibility of the registrant. Discounted room rates are available at the Conference/Workshop hotel:

The Westin Prince Hotel
900 York Mills Rd.,
Toronto, ON M3B 3H2

www.westinprincetoronto.com/
Room rate of $125 King or Queen, single or double

Guest room reservations at 1-888-627-8550, Mention Federation of Canadian Chiropractic. Group Code F123AA.

Parking included.
Practical Solutions for Chronic Pain
Clinical Presentation, Treatment and Management Strategies

Crown Ballroom

7:30  Registration and Continental Breakfast

8:15  Opening Remarks - Dr. John Crawford

Session One - Pathophysiology of Pain
8:30 - 9:10  Dr. Kevin Rod
Basic Mechanisms and Neurobiology of Chronic Pain

9:15 - 9:55  Dr. Andrew Smith
The 5 Pillars of Pain Management

10:00 - 10:30  Break

Session Two - Management of Chronic Pain
10:30 - 10:55  Dr. Carlo Ammendolia
Management of Spinal Stenosis

11:00 - 11:25  Dr. Alison Anton
Use of Cannabinoids in Pain Management

11:30 - 11:55  Dr. Eldon Tunks
Psychological Interventions in Pain Management

12:00 - 12:55  Buffet Lunch

Session Three - IASP’s Global Year Against Joint Pain
1:00 - 1:20  Dr. Emily Howell
Conservative Management of Hip Pain

1:20 - 1:40  Dr. Shawn Kavanaugh
Conservative Management of Wrist Pain

1:40 - 2:00  Dr. Sophia Da Silva
Clinical reasoning and avoiding diagnostic error in pain management

Session Four - Grand Rounds
2:00 - 3:45  Moderator - Dr. Tony Tibbles
- Dr. David Dos Santos
  Canadian Chiropractic Specialty College of Physical & Occupational Rehabilitation
- Dr. Chadwick Chung
  College of Chiropractic Sciences (Canada)
- Dr. Matthew Barrigar
  College of Chiropractic Orthopaedics (Canada)
- Dr. Varsha Kumar
  Chiropractic College of Radiology (Canada)
- Dr. Michelle Laframboise
  Royal College of Chiropractic Sports Sciences (Canada)

3:45  Closing Remarks - Dr. John Crawford

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Dr. Kevin Rod
MD, CCFP, FCFP, DAAPM

Dr. Rod is a certified Family Physician with a focused practice in chronic pain management. He is credentialed in chronic pain by both the Canadian and American Academies of Pain Management. He has established the Toronto Poly Clinic in 2001 as a multi-disciplinary pain management center. Today, Toronto Poly Clinic has grown into three clinics in North York, Thornhill and Downtown Toronto. These clinics are active in the areas of clinical work, research and medical education. Medical students, Residents and Fellows are trained in Toronto Poly Clinics with affiliation with their programs at the University of Toronto.

Dr. Andrew Smith
M.Sc., MD, FRCPC

Dr. Smith completed his undergraduate and graduate degrees at McGill University in Human Genetics before going on to complete his medical degree. He did his neurology and paediatric neurology residencies at the University of Washington School of Medicine in Seattle, Washington. Upon returning to Toronto in 2010, he completed his Clinical Fellowship in Neurology at Mount Sinai Hospital and a Clinical Fellowship in Pain and Addiction at the Centre for Addiction and Mental Health (CAMH). He is currently a neurologist and addiction medicine specialist with a focus in pain and substance use disorders located at CAMH. He is an Executive Director of the ECHO Ontario Opioid Stewardship and Pain Management program.

Dr. Carlo Ammendolia
DC, PhD, FCCPOR(C)

Dr. Ammendolia is a practising chiropractor and an Honorary Fellow in the Canadian Chiropractic Specialty College of Physical & Occupational Rehabilitation. In 1999 he completed his M.Sc in Clinical Epidemiology and Health Care Research and in 2006 his PhD in Clinical Evaluative Sciences from the University of Toronto. He is the Director of the Chiropractic Spine clinic and Spinal Stenosis program at the Rebecca MacDonald Centre for Arthritis and Autoimmune Diseases. At this Centre, he combines clinical practice, teaching and research in the area of non-operative treatment of mechanical, degenerative and inflammatory spinal disorders with a special interest in degenerative spinal stenosis.

Dr. Alison Anton
B.Sc., MD, GY4 Resident PM&R

Dr. Anton completed a Bachelor of Science high honours degree in Toxicology from the University of Saskatchewan in 2009. She earned her Doctor of Medicine degree from the University of Saskatchewan in 2013. She is currently in her fourth year of postgraduate medical training as a resident in Physical Medicine and Rehabilitation at the University of Ottawa. Her current research lies in validating and implementing physical agility outcome measures in lower extremity amputees. Her areas of clinical interest include spinal cord injury, spasticity management, stroke, and neuromuscular diseases.
Dr. Eldon Tunks, MD, FRCP(C), DAAPM, DCAPM

Dr. Tunks is a graduate of the University of Toronto’s School of Medicine and a former Professor Emeritus of Psychiatry at McMaster University. In 1973, he was the lead in the development of a multidisciplinary pain clinic at McMaster Medical Center. He was Director of this pain clinic from 1976 to 1979 and then was Director of the Chedoke Hospital Pain Clinic until 2000. Currently, he is a Consultant in Pain Management and in Psychiatry at the Hamilton Health Sciences Regional Rehabilitation Center. He is also President of the Canadian Academy of Pain Management, and is a Diplomate of both the American and Canadian Academies of Pain Management.

Dr. Shawn Kavanaugh, B.Sc. (Hon), DC, FCCPOR(C)

Dr. Kavanaugh has an Honours B.Sc. degree in Kinesiology and Ergonomics from the University of Waterloo. He is a graduate of the Canadian Memorial Chiropractic College and a licensed chiropractor who holds a Fellowship in Physical and Occupational Rehabilitation. He is currently the Vice President of the Canadian Chiropractic Specialty College of Physical & Occupational Rehabilitation. He has an advanced credential in Pain Management from the Canadian Academy of Pain Management. He runs a rehabilitation based practice in Kitchener, Ontario. Furthermore, Dr. Kavanaugh provides director level rehabilitation management and clinical oversight for adults facing the effects of a brain injury and comorbid physical disabilities.

Dr. Emily Howell, BPHE(H), DC, FCCPOR(C)

Dr. Howell has an Honours Bachelor of Physical and Health Education from the University of Toronto. She graduated from the Canadian Memorial Chiropractic College in 2004. In 2011, she fulfilled the requirements to become a Fellow of the Chiropractic College of Physical & Occupational Rehabilitation. She is a board member and treasurer of the Canadian Chiropractic College of Physical & Occupational Rehabilitation. Dr. Howell is the owner and clinic director of Ashbridge’s Health Centre in Toronto. Her practice focuses on evidence based care for a variety of patients, using chiropractic, acupuncture, rehabilitation. She also has a special interest in pre and post natal care.

Dr. Sophia da Silva, B.Sc. (Hon), DC, Clinical Sciences Resident

Dr. da Silva holds an honours Bachelor of Science Degree in Kinesiology from McMaster University and a Chiropractic degree from the Canadian Memorial Chiropractic College. In addition, she is currently pursuing a fellowship and enrolled in the Clinical Science Residency program which involves hospital placements, teaching and research at the Canadian Memorial Chiropractic College. Dr. da Silva is currently engaged in research with World Spine Care with an interest in the global burden of disease and disability caused by musculoskeletal conditions. Dr. da Silva has been involved in the teaching of clinical diagnosis, clinical education and in the supervision of clinical interns.

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Saturday, September 24, 2016

Canadian Chiropractic Specialty Colleges Council Pain Management Special Interest Group Workshop

Sunday, September 25, 2016

Refunds

Refunds for the Conference and workshop will be processed up to Thursday, September 22, 2016 minus a $25 administration fee. After September 22, 2016, no refunds will be processed. All refund requests must be in writing to: jduncan@chirofed.ca

Cancellation/Postponement

In the event that the Federation of Canadian Chiropractic cancels the Canadian Chiropractic Specialty Colleges Council’s Conference or the Pain Management Special Interest Group Workshop for any reason, registrants will receive a credit for 100% of the registration fee paid.

In the event that the Federation postpones either event for any reason and the registrant is unable or unwilling to attend on the rescheduled date, the registrant will receive a 100% refund of any registration fee paid.

The Federation is not responsible for any loss or damage as a result of a cancellation or postponement of either the Conference or the Workshop. The Federation shall assume no liability whatsoever in the event this Conference or Workshop is cancelled, rescheduled or postponed due to a fortuitous event. Act of God, unforeseen occurrence or any other event that renders performance of the conference or workshop impracticable, illegal or impossible. For purposes of this clause, a fortuitous event shall include, but not be limited to: war, fire, labour strike, extreme weather or other emergency.

Substitutions

Please note that while speakers and topics are confirmed at the time of publishing, circumstances beyond the control of the organizers may necessitate substitutions, alterations or cancellations of the speakers and/or topics. As such the Federation and the Canadian Chiropractic Specialty Colleges Council reserves the right to alter or modify the advertised speakers and/or topics if necessary without any liability to the registrants whatsoever. Any substitution or alterations will be updated on the Federation’s web page (www.chirofed.ca) as soon as possible and every attempt will be made to provide registrants notification by email (if email address is provided by registrant).

Disclaimer

The information and comments provided by presenters are not necessarily supported or endorsed by the Federation of Canadian Chiropractic or the Canadian Chiropractic Specialty Colleges Council.
Dr. Chadwick Chung
B.Sc. (Hons), DC, FCCS(C), DCAPM

Dr. Chung is a graduate of the Canadian Memorial Chiropractic College (DC), and Fellow of the College of Chiropractic Sciences (Canada). Since completing his Fellowship, he has achieved Diplomate status with the Canadian Academy of Pain Management and has been published in several peer-reviewed journals. Dr. Chung actively provides chiropractic care to patients at the Rivlin Medical Group which specializes in the treatment of chronic pain. He is currently an Assistant Professor for the Division of Clinical Education at the Canadian Memorial Chiropractic College, and a Board Member for the College of Chiropractic Sciences.

Dr. Varsha Kumar
B.Sc. (Hons), DC, FCCR(C), DACBR

Dr. Varsha Kumar completed her undergraduate degree with a specialty in Nutritional Science and a minor in Economics at the University of Toronto. Her interest in healthcare propelled her to enroll at the Canadian Memorial Chiropractic College (CMCC) in 2007. It was during her first year as a chiropractic student that she developed a fascination for radiology and further pursued this passion by relocating to Los Angeles, California in 2012 to complete her diagnostic imaging residency. She has a Diplomate of the American Chiropractic Board of Radiology and is a Fellow of the Chiropractic College of Radiologists (Canada). Dr. Kumar currently resides in Toronto and is actively involved in teaching the radiology residents at CMCC.

Dr. Michelle Laframboise
BKin (Hon), DC, FRCCSS(C)

Dr. Laframboise graduated Magna Cum Laude and with clinical honours from the Canadian Memorial Chiropractic College (CMCC) after completing a fitness and health diploma from Fanshawe College and an Honours Bachelor of Kinesiology degree from Brock University. Dr. Laframboise is a Chiropractic Specialist and belongs to the Royal College of Chiropractic Sports Sciences (Canada). Dr. Laframboise has taught at the undergraduate level at CMCC and maintains an active role in the research community, publishing numerous research articles. In particular, Dr. Laframboise is interested in investigating central sensitization and the role of spinal manipulation on myofascial trigger points.

Dr. Matthew Barrigar
B.Sc., DC, FCCOS(C)

Dr. Matthew Barrigar is a 1988 graduate of the Canadian Memorial Chiropractic College. He is the lead Clinician at the Anishnawbe Health Toronto Clinic providing health care services to the aboriginal community. He is an Assistant Professor in the Division of Clinical Education at the Canadian Memorial Chiropractic College. After earning an undergraduate degree in Human Biology at the University of Toronto, he completed his Doctor of Chiropractic from the Canadian Memorial Chiropractic College in 1988. In 2008, he obtained his Fellowship with the College of Chiropractic Orthopaedic Specialists (Canada) and is its current President. He holds an advanced credential in pain management from the Canadian Academy of Pain Management.
This workshop is designed for all active Chiropractic Specialists who have a special interest in pain management and are interested in obtaining advanced credentialing in this area.

The workshop will feature didactic presentations on two new Ontario Ministry of Health & Long-Term Care Pain Management programs which are accessible to Chiropractic Specialists and the Canadian Chiropractic Specialty College Council’s working relationship with the Canadian Academy of Pain Management. The workshop will also outline the development of an accreditation program for Chiropractic Specialists in the area of pain management.

The Canadian Chiropractic Specialty Colleges Council’s Pain Management Special Interest Group was formed in 2014 and currently has a membership of 16 active Chiropractic Specialists from across Canada who have an Advanced Credential in Pain Management from the Canadian Academy of Pain Management.

The primary goal of this group is to continue the development of an advanced level chiropractic credentialing program (sub-specialty) in the field of pain management with a roster of advanced credentialed Chiropractic Specialists from the recognized Canadian Chiropractic Specialty Colleges.

Canadian Chiropractic Specialty Colleges Council Pain Management Special Interest Group Executive

Dr. Carlan Stants - Chair
Dr. John Crawford
Dr. Rocco Guerriero
Dr. Francois Hains
Dr. Gord Lawson
Dr. Howard Vernon
Name: _____________________________
Address: __________________________
City/Town: __________________________
Province: __________________________ Postal Code: __________________________
Tel #: (________) ___________ E-mail (required): __________________________

Status (please indicate)
☐ Fellow of a Chiropractic Specialty College
☐ Chiropractic College of Radiologists (Canada)
☐ Chiropractic Specialty College of Physical & Occupational Rehabilitation (Canada)
☐ College of Chiropractic Orthopaedic Specialists (Canada)
☐ College of Chiropractic Sciences (Canada)
☐ Royal College of Chiropractic Sports Sciences (Canada)
☐ Chiropractor
☐ Chiropractic Intern (4th year student)
☐ Other Health Professional (please specify) __________________________

Early Bird Registration - Before September 1, 2016
☐ $310.00 for Chiropractor/Non Active Chiropractic Specialist/Other Health Professionals
☐ $285.00 for Active Chiropractic Specialist
☐ $185.00 for 4th Year Chiropractic Intern

Regular Registration - September 2 to September 21, 2016
☐ $335.00 for Chiropractor/Non Active Chiropractic Specialist/Other Health Professionals
☐ $310.00 for Active Chiropractic Specialist
☐ $210.00 for 4th Year Chiropractic Intern

Food and Refreshment
Continental breakfast, breaks and hot buffet lunch included

The Canadian Chiropractic Specialty Council
Pain Management Special Interest Group Workshop
Sunday, September 25, 2016
9:00 AM to 12:00 PM

Continental breakfast and break included
☐ $60.00 for Active Chiropractic Specialist

If paying by cheque, please make cheque payable to:
“Federation of Canadian Chiropractic”
and mail with this form to:
30 Gloucester Street, Suite 2301, Toronto, ON, M4Y 1L6